

SEPTEMBER 2019

DELIVERED MONTHLY TO 4,100 HOUSEHOLDS

THORNCLIFFE GREENVIEW

HORIZON



**THANKS TO ALL THE
VOLUNTEERS AND
ORGANIZERS WHO MADE
THE NEW PLAYGROUND A
REALITY FOR OUR KIDS!**



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*Denotes Prof. Corp.

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dale@dalegreen.com
403-608-1410

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5 Excellent Reasons to Advertise in Community Newsletter Magazines

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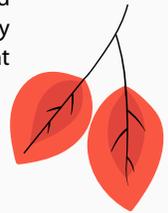
GREAT NEWS MEDIA
LEADERS IN COMMUNITY FOCUSED MARKETING

TGCA moves into full swing once September arrives. The summer months have passed and programming begins full tilt. We welcome back the young people to fill the arena with joyful sounds and see the transformation of Main Hall to a venue for athletics as well as weddings. This is why we are called community. Our TGCA complex hosts many different types of activities from bingo to workshops and each activity has a community of individuals who share common interests which in turn build a community complex. This year we welcome a before-and-after school care group who have chosen our facility to offer programming for Thorncliffe Greenview parents. We hope that they are successful in their endeavors that see them become a mainstay for years to come. Like all communities, there are ebbs and flows that dictate the needs of an area. It is nice to see new families move into the area and we would like to hear from the new residents. Our programming is membership-driven and over the years the hockey, figure skating, soccer and fastball programs for youth have all evolved based on membership desires to provide these activities for the youth of the area. Next month, October, will see the annual TGCA general meeting happen where the community elects their board. The board's job is to oversee community functions, work on public service issues and help by being the ears and voice of the community members. The board works hand in hand with the business side of the complex to ensure the needs of our members are being met. Take time this month to think about the community you live in and what things you would like to see happen in your community and if you want to be involved give us a call and we can chat. No ideas are unimportant when it comes to providing a safe and caring community.

The summer months were busy here in TGCA, we modernized our washroom facilities in the main hall area and the playground committee finally got some good weather and was able to erect the inclusive playground. Congratulations again to Maureen and Amanda on their diligence and fortitude to get this job done.

They are a shining example of what individuals can do when they have a goal. We said goodbye to Thomas as he is going back to school and welcome Vanessa who is keen to help facilitate new programming ideas and build bridges between community groups to make the business of community even stronger. Come down and say hi and bring your ideas. The 56 is continuing to be a mainstay of the area and we hope those who use the arena will come on down and grab a bite to eat before or after their game. This is a family-friendly area and all are welcome. Continue to monitor the website to get the latest happenings here at the complex as we always have something to become involved in. September is an exciting month as new possibilities present themselves, the planning is done and the activities begin, and we hope TGCA is a big part of every resident's life this year no matter what type of community you take part in.

by Leslie DeGagne



THE AGM IS COMING UP ON OCT 28!

Notice of AGM

Notice is hereby given that the Annual General Meeting of the members (the "Members") of the Thorncliffe Greenview Community

Association will be held at 5600 Centre Street North on Monday, October 28th, 2019 at 7:00 pm to:

- Receive and consider the Reports of the Directors
- Receive and consider the monthly Financial Statements
- Receive and consider the recommendations regarding membership fees for the upcoming year
- Receive and consider the recommendation regarding the rights and privileges of non-voting members
- Transact any new business
- Elect a new Board of Directors, to consist of: President, Treasurer, Secretary, Vice Presidents, Directors.

Voting members are encouraged to attend the AGM and to fill out a nomination form (available in Administration Office) for positions

on the Board that they would like to nominate someone for (a voting member in good standing).

You can make a difference in your community – get involved!





Thorncliffe / Greenview Community Association

5600 Centre Street North, Calgary T2K 0T3 • admin@tgcacalgary.com • www.tgcacalgary.com

TGCA COMMUNITY CENTRE

Main Office		403-274-6840
Main Office Fax		403-275-7310
Office Email		admin@tgcacalgary.com
Bowling, Racquetball & The 56 Restaurant & Lounge		403-274-5574
Forbes Innes Arena		403-274-1466
Thornview Seniors Centre		403-275-0300
Office Manager	Diana Christie	403-274-6840
General Manager	Kevin Kromm	403-274-6840 403-274-1466

EXECUTIVE COMMITTEE

President	Leslie DeGagne	403-669-6116
Treasurer	Brad Giddings	403-540-1533
Secretary	Leona McComish	403-275-0410
Vice Presidents	Mary Lacoste Derek Livingston	403-274-8074 403-226-4021
	Marvin Quashnick	403-277-3308

DIRECTORS AT LARGE

Alison Abbott		403-276-4997
Stacey McDade		587-968-4990
Patrick Saunders		403-295-1840

SPECIAL INTEREST GROUPS

58 th Scouting	Jenn Riley	587-350-1364
Bingo Co-ordinator	Evelyn Landry	403-274-6840
Booster Club	Sid Braak	403-275-9662
Guides	Amanda Grant	403-919-2927
Deerfoot United Football Cub (Soccer)	Brianna	info@dufc.ca
North Central Basketball	Barbara Ambrisko	403-973-6665
Nose Creek Fast Pitch	Dwayne Singer.	president@nosecreeksoftball.ca

Racquetball	Jerry Kwasnitza	403-293-2847
Slopitch	Brent Zorn	brentzorn@hotmail.com
TG Hockey	Jodie Cadman	403-312-4479
TG Ice Skating Registrar	Kari Woodman	403-471-9623
TGWL	Yvonne Arkley Yvonne Armstrong	403-274-4906 403-274-6720
Thornview Seniors President	Sandy Staple	403-274-3257
Volleyball	Dianne Stewart	403-295-3469

HORIZON NEWSLETTER

Distribution	Canada Post	
Editorial	TGCA Admin Office	403-274-6840
Publisher & Advertising	Great News Media news@greatnewsmedia.ca	403-720-0762

TGCA HOURS

HOURS MAY BE SUBJECT TO EARLY CLOSING

Complex closed September 5 for Labour Day

ADMINISTRATION OFFICE

Mon, Wed, Thurs 9:00 am – 9:00 pm
 Tuesday & Friday 9:00 am – 4:30 pm
 Saturday Sunday Closed

THE 56 RESTAURANT & LOUNGE/RECREATION CENTRE

Monday – Thursday 10:00 am - 12:00 am
 Friday & Saturday 10:00 am - 1:00 am
 Sunday 11:00 am - 6:00 pm



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Follow us on Instagram @tgcacalgary

TGCA Programs Calendar

September 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Bringo 8:15 – 9:30 pm	2 Have a great Labour Day! This complex is closed today. Sept. Good Food box order deadline	3 Pure Pilates 9:30-10:30 am BINGO BONANZA! \$5000 Payout Guaranteed! 6:15-9:30 Drop-In Ping-Pong at the 56 7-5pm	4 No Pickleball Today Partner's Bridge Club 12-3 pm Pure Pilates 6:30 – 8:30 pm	5 Drop-In Pickleball 10-noon	6 Pure Pilates 9-10 am Public Skating 3:30-5 pm	7
8 Public Skating 12:15-1:15 pm Bringo 6:15-9:30 pm	9 Drop-In Pickleball 10-noon Partner's Bridge Club 12-3 pm League Racquetball 5-9 pm League Volleyball 8:30-11 pm	10 Pure Pilates 9:30-10:30 am Bringo 6:15-9:30 Drop-In Ping-Pong at the 56 7-5pm	11 TGCA Craft Fair in-person registration 9-11 am Drop-In Pickleball 10-noon Seniors' members-only skating 10:30-11:30 am Partner's Bridge Club 12-3 pm Members-only skating 1:30-2:30 League Racquetball 5-9 pm Pure Pilates 6:15 – 8:15 pm League Volleyball 8:30-11 pm	12 Sept. Good Food Box Pickup Drop-In Pickleball 10-noon	13 Pure Pilates 9-10 am TGCA HaHa Yoga 10-11 Public Skating 3:30-5 pm League Volleyball 8:30 – 11 pm	14 Yoga with Rosie noon-1
15 Public Skating 12:15-1:15 Bringo 6:15-9:30 pm	16 Zumba with Inna 7-9 am Sit and Be Fit 9:30-10:30 am Drop-In Pickleball 10-noon Partner's Bridge Club 12-3 pm League Racquetball 5-9 pm League Volleyball 8:30-11 pm	17 Pure Pilates 9:30-10:30 am Bringo 6:15-9:30 Drop-In Ping-Pong at the 56 7-5pm	18 Drop-In Pickleball 10-noon Seniors' members-only skating 10:30-11:30 am Partner's Bridge Club 12-3 pm Members-only skating 1:30-2:30 League Racquetball 5-9 pm Pure Pilates 6:15 – 8:15 pm Open Gym Night 7-8:30 pm League Volleyball 8:30-11 pm	19 Sit and Be Fit 8:30-10:30 am Drop-In Pickleball 10-noon	20 Pure Pilates 9-10 am TGCA HaHa Yoga 10-11 League Volleyball 8:30 – 11 pm	21 Alberta Arms & Cartridge Collectors Club show Yoga with Rosie noon-1
22 Public Skating 12:15-1:15 Bringo 6:15-9:30 pm	23 Zumba with Inna 7-9 am Sit and Be Fit 9:30-10:30 am Drop-In Pickleball 10-noon Partner's Bridge Club 12-3 pm League Racquetball 5-9 pm League Volleyball 8:30-11 pm	24 Pure Pilates 9:30-10:30 am Bringo 6:15-9:30 Drop-In Ping-Pong at the 56 7-5pm	25 Drop-In Pickleball 10-noon Seniors' members-only skating 10:30-11:30 am Partner's Bridge Club 12-3 pm Members-only skating 1:30-2:30 League Racquetball 5-9 pm Pure Pilates 6:15 – 8:15 pm Open Gym Night 7-8:30 pm League Volleyball 8:30-11 pm	26 Sit and Be Fit 8:30-10:30 am Drop-In Pickleball 10-noon	27 Pure Pilates 9-10 am Public Skating 3:30-5 pm TGCA HaHa Yoga 10-11 League Volleyball 8:30 – 11 pm	28 No Yoga with Rosie Today
29 Public Skating 12:15-1:15 Bringo 6:15-9:30 pm	30 No Pickleball Today Zumba with Inna 7-9 am Sit and Be Fit 9:30-10:30 am Partner's Bridge Club 12-3 pm League Racquetball 5-9 pm League Volleyball 8:30-11 pm	1 Oct. Good Food Box order deadline Pure Pilates 9:30-10:30 am Bringo 6:15-9:30 Drop-In Ping-Pong at the 56 7-5pm	2 No Pickleball Today Seniors' members-only skating 10:30-11:30 am Partner's Bridge Club 12-3 pm Members-only skating 1:30-2:30 Pure Pilates 5:15-6:15 pm Open Gym Night 7-8:30 pm League Volleyball 8:30-11 pm	3 Sit and Be Fit 8:30-10:30 am Drop-In Pickleball 10-noon	4 Pure Pilates 9-10 am TGCA HaHa Yoga 10-11 Public Skating 3:30-5 pm League Volleyball 8:30 – 11 pm	5 First Canadian Collectors' Club Antiques & Collectable Show in the Main Hall Yoga with Rosie noon-1

For more information and additional programs visit www.tgcacalgary.com or call the TGCA office, 403-274-6840



58th Thorncliffe Cubs



58th Thorncliffe Scout Group

We are ending a successful year and about to start another one. Our Scouts attended the Pacific Jamboree this summer at Camp Barnard in Sooke, BC. It was a gathering of

Scouts from around Canada and the world. They had a great adventure first flying to Victoria, BC, then taking a bus to the Jamboree site joining a sold out Jamboree, meeting new friends and having new experiences. For a Scout, the Pacific Jamboree is a once-in-a-lifetime camp that is held every four years with 3000+ Scouts/Ventures/Scouters attending. Youth tented for a full week and participate in various activities that will promote personal challenges, teamwork, and adventure. The rest of the group held a camp up at the Community Camp Ground where we constructed a teepee. Working together beavers, cubs, ventures, rovers and scouters we recreated a shelter to be used. A couple of the youth slept in the teepee that night.

September we are starting a new Scouting year. We are accepting new members if you want any more information contact timothy.wallace@shaw.ca



Beavers 5-7. Monday night, 6:30-7L30 PM. Fun and friendship is the cornerstone of the Beaver Scouts program. Beaver Scouts opens the door for your child to discover the world. It is filled with a little bit of everything—outdoor activities, games, music and sports. Along the way, Beaver Scouts meet new friends, learn cooperation and teamwork and develop self-confidence.

Cub 8-11. Thursday night, 6:30-8 PM. Challenging hikes, weekend camps, and an introduction to outdoor adventure skills are just a few of the fun outdoor adventures that Cub Scouts enjoy. With the Cub motto of “Do Your Best” front and centre, Cub Scouts are encouraged to try new and more challenging activities. Learning important first aid skills, paddling a canoe for the first time, or leading a game at camp will open the door for Cubs to try other adventures they never thought possible.

Scouts 12-14. Wednesday night, 6:30-8 PM. Scouts is about having fun while gaining valuable leadership skills and self-confidence. Scouts enjoy outdoor adventures like mountain biking, rock climbing and lots of camping while working together with other young people to accomplish thrilling challenges. Scouting gives every member a chance to be a leader. It might involve running an activity, organizing a camp, or participating with other young people across your province or Canada in a youth forum.

Venture 15-17. Wednesday night, 6:30-8 PM. The Venturer Scout program offers exciting, real life, hands-on experiences for youth. Venturer Scouts learn to nurture an active, healthy lifestyle, acquire the knowledge and skills for career development and participate in thrilling outdoor adventures. Weekend events, extended hikes, no-trace camping and more round out the Venturer Scout experience. In Venturers, you'll set personal goals and work to achieve them with the support of others in your Company.

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 Stone Patios • Raised Beds • Rock Walls • Synthetic Grass
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Thorncliffe Greenview Ice Skating Club

www.tgiceskatingclub.com

PRESENTING
PARTNER

CANADIAN
TIRE

ONLY THE BEST
can bring out their best



***** Registration for Fall 2019 to Spring 2020 is now OPEN! *****
Learn to Skate & Figure Skating

- ☺ **NEW!** Daytime Learn to Skate (PreCanSkate).
- ☺ **REDUCED FEES!** For Learn to Skate (CanSkate).
- ☺ **COMPETITIVE PRICING!** For all programs per session.
- ☺ **REDUCE YOUR REGISTRATION FEES** by up to 75% by volunteering to work bingos at TGCA.
- ☺ **REDUCE YOUR REGISTRATION FEES** by signing up for multiple seasons.
- ☺ **SKATE CANADA** sanctioned programs with *nationally certified coaches*: skatecanada.ca/canskate
- ☺ 10-12 week Learn to Skate sessions provide continuity & better results:

THE BEST CURRICULUM

THE BEST COACHES

THE BEST START

THE BEST RESULTS

Programs, fees and registration information can be found on our website:
www.tgiceskatingclub.com

Questions? Email: registrar@tgiceskatingclub.com or call (403) 471-9623

See you on the ice! ☺

Become a member of the TGCA today!



Benefits

Successful, healthy communities are generally those with active and sustained membership and involvement of the community residents. Often a strong membership representation is an indication that our association is serving the needs of the community and is therefore, valued and supported by its residents. Your support today is important and ensures new energy to continually address community issues. Your membership fee goes towards community events, programs & operating costs.

Guidelines

All new members must provide I.D. with current address. Members agree to abide by the bylaws, policies and procedures governing the Thorncliffe Greenview Community Association. Residence must be WITHIN BOUNDARIES of Thorncliffe, Greenview, West Thorncliffe to obtain a voting membership. It is your responsibility to notify the office of any address changes. If you wish to retain your membership after moving out of community boundaries, you must pay for it each year before expiry date. Failure to do so will result in the loss of your membership, no exceptions. Memberships will not be renewed if membership is not in good standing. Anyone over the age of 18 must hold their own membership and cannot remain on their parent's.

TGCA Membership Application/Renewal

5600 Centre St. N. | 403-274-6840

Please make personal cheques out to TGCA

Check the type of membership you'd like:

Voting

- One-year
 Three-year

Non-voting

- One-year with a CA membership
 One-year without a CA membership

Applicant name: _____

Partner name: _____

Children(s) name and age: _____

Full address: _____

Email: _____

Phone(s): _____

New voting members-Alberta ID # for verification: _____

Renewing?

Please provide membership #: _____

Waiver

I understand that the Thorncliffe Greenview Community Association has collected, or may collect, use and disclose my personal information to administer and maintain accurate and complete community association membership lists, program registrations, including, when required, the sharing of information with affiliated organizations, such as community sports associations. I understand that my personal information, collected for the purposes outlined above, will be kept confidential by the Association. I also acknowledge that my information may be used and disclosed to third parties in certain circumstances, but only to fulfill the above purposes. I hereby consent to such use and disclosure, for these limited purposes, until such time as I may revoke my consent in writing.

WHAT TYPE OF MEMBER ARE YOU?

TGCA MEMBERS	MEMBERSHIP TYPE		PRICE + GST
Voting member (Resident of Thorncliffe Greenview)	One-year membership		\$15.75
	Three-year membership		\$31.50
Non-voting member (Lives outside Thorncliffe Greenview)	With a valid CA membership in your community	One-year membership	\$15.75
	Without a valid CA membership	One-year membership	\$31.50

Playground Build 2019



**Thanks so
much to the
TG
Playground
Replacement
volunteers!**



TGCA Venue Information



Let Thorncliffe Greenview Community Association make your next event a smashing success!

Classes, meetings, conferences, programs, children's parties, adult celebrations, silent auctions, weddings, receptions, family reunions; the TGCA can accommodate your private functions, as well as public ticketed events, like tradeshow, fairs, concerts and lectures.

The **Main Hall** is one of the largest multi-functional community halls in the city, with over 10,000 square feet of open gymnasium space, and a maximum capacity of 800. Rental rates are 250-500 people - \$1375, and 501-800 people - \$1700, damage deposit equal to rental fee. Additional corkage charges may apply.

At 52' x 47', the **Thorncliffe Room** is a great venue for a smaller function. With a bar, two full beverage refrigerators, raised stage, drop down projector screen, dance floor, two entrances, men's and women's washrooms, and many options for seating arrangements, it checks all the boxes. Capacity is 125, and the rental rate for an event is \$520, damage deposit equal to rental fee. Additional fees may apply.

New rate for both halls is \$1925. Additional fees may apply.

The **Greenview Room** is where it all began. Looking to rent space to run an exercise program? We have space available for your class and favourite clients!

The community centre that you see today was built around this hall, which is 70' x 38'. The rental rate for sporting and other classes is \$42.80/hour. It is self-contained with washrooms, and is a great space for fitness classes, like martial arts and dance.

Thorncliffe Greenview Community Association has four meeting rooms and two halls accommodating anywhere from 10 to 800 people. Our meeting rooms are a quiet and reasonably priced place to get some work done and have that chat.

Board Room (maximum capacity 20) Meetings prices. prime-time rate: \$50/hour, and non-prime-time: \$40/hour.

5600 Room (maximum capacity 30) Meetings prices. Prime-time rate: \$50/hour, and non-prime-time: \$40/hour. Parties \$175.

Horizon Room (maximum capacity 15), meetings only rate, \$17.50/hour.

Multi-Purpose Room (maximum capacity 30), fitness/sports classes or meetings, \$33/hour.

GST additional to all prices.

If you would like to learn more about our spaces and fall rental schedule, please call the **TGCA office at 403-274-6840.**

Offset the costs of your child's sport or youth program

Ask us how!

TGCA members are eligible to subsidize the cost of their TG sanctioned children's youth programs by working at our bingos on Sundays and Tuesdays!

This provides an opportunity for all families to better afford youth programs and support the operation of the community association.

For more information, please call the TGCA at 403-274-6840

Full concession and free early bird coffee



WIN BIG every Sunday & Tuesday at the TGCA!

Guaranteed \$5000 Bonanza payout with \$300 consolation played on the first Tuesday of every month!!

Doors open 3 pm
Card sales 5 pm
Nickle games 6:15 pm
Regular games 6:45 pm
½ time sales 7:30 pm

Pots
Two loonie pots
Hot balls
5 Nickle games
27 regular games
Bonanza

Double action played every Sunday & Tuesday

Progressive games
Bowling Lane/Anchor
Champagne glass/heart
Eagle

Cards
Regular 50 cents
Double \$1
Triple \$1.50
Bonus \$2
Super \$2.50
Combo cards available
Seniors 60+ get \$3 off

5600 Centre St. N. | Wheelchair accessible
For the week's upcoming pots, please visit www.fgcacalgary.com or call 403-274-6840, ask for extension 110



Sit and Be Fit

at the TGCA

This class will increase your strength, you'll learn stretches and create balance in both your body and mind while combining a fusion of general exercise, Pilates and yoga.

Monday
sessions will take place from Sept. 16 to Nov. 25. No class on Thanksgiving Day or Remembrance Day.
Monday classes are 9:30 am-10:30 am.

Thursday
session will take place from Sept. 19 to Nov. 28.
Thursday classes are 10:30 am-11:30 am. No class on Oct 24.

One session for \$100, or **both for \$200.**
Travis Thibeault, Certified Pilates Instructor.
More info at

<https://tgca.wildapricot.org/event-3491335>, call 403-274-6840 or go the TGCA office to inquire.

TGCA ADULT VOLLEYBALL LEAGUE

- You must be 18 years of age and up to play
- 2 of the opposite sex per team
- We have 3 leagues: Monday night Intermediate, Wednesday night Recreational, Thursday night Competitive
- League starts **September 8, 2019**
- Play is at 8:30 pm and 9:45 pm, some nights, you play both times
- Half of the team needs to be CA members
- Each team does one volunteer bingo or gun show (one player)
- Fees include 20 nights of volleyball, 2 – 3 weeks of playoffs, a two-day tournament, t-shirt, and a windup dinner, dance, awards trophies, jackets for first and second in your league
- Fees are based on the number of teams in each league, 8 teams, 9 teams, 10 teams
- If interested in putting a team in the league, please call **Dianne at 403-295-3469**

Calgary



Fall Gathers - Save the Date

by Linda J. Schlegel



Fall is in the air and with it comes a new season of Gathers. Community Brokers, Beckie and Linda, have been hard at work coming

up with fun and interesting activities for residents of Thorncliffe Greenview and Highland Park to participate in. Mark your calendars with the following dates to get together with neighbors and friends between 6:00 p.m. and 8:00 p.m. on September 24th, October 22nd, No-

vember 26th and December 17th.

Here's a sneak peek at the activities we have planned: Minute to Win It, Nose Hill Park Autumn guided walk, Indigenous culture night and Christmas crafts. Details of the event will be sent out prior to the activity but you must register to get in on the fun.

If you would like to receive email notices regarding upcoming Gathers please contact Community Social Worker Tannis at tannis.eapen@calgary.ca or 403-828-8394. Tannis will be happy to send all the information and details you need prior to the event. Activities are suitable for all ages, are free of charge and include a tasty meal prior to the event

We hope to see you at one or all of our fall Gathers.

BEFORE AND AFTER SCHOOL CARE OPTIONS AT THE TGCA ARE HERE!

The expectations for programs provide structured play direction for educators as they:

- cultivate authentic, caring relationships and connections to create a sense of belonging among and between children, adults, and the world around them;
- nurture children's healthy development and support their growing sense of self;
- provide environments and experiences to engage children in active, creative, and meaningful exploration, play, and inquiry;
- foster communication and expression in all forms.

All info available on our website:

www.kidsclubcalgary.ca

Monthly Newsletter:

<https://www.kidsclubcalgary.ca/s/Fun-Kids-Club-Newsletter-August-1-2019.pdf>

OPEN GYM NIGHT IS BACK!

Come down to the TGCA gymnasium and play with your pals or meet some new ones!

Gear for badminton, volleyball, basketball, soccer, pickleball, and just about anything else you can think of!

Sorry, no floor hockey. Wear only non-marking shoes. Please have your parents pick you up promptly at 8:30 pm.

The cost of the program is a Loonie for members, and a Toonie for non-members. Children 6 years old and younger are to be with an adult at all times during the program.

Weds. 7-8:30 pm. Program starts on Sept. 18th.

TG MEMBERS CORNER

Birthday Wishes Go Out To:

September – Jeremy Cousins, Kevin Darrah, Mike Flynn, Rose Marie Peters, Page Schnell, John Woolmer

Any TG Member that would like to submit a tidbit for this section may do so by email to admin@tgcacalgary.com or by phone to the office at 403-274-6840.



Mark your calendars



HALLOWEEN PARTY
OCTOBER 19, 2019



Christmas Party
December 13, 2019

We are always looking for volunteers for our events. If you are interested in volunteering at these events, please give me a call at 403-274-8074 or send an email to maryllacoste@shaw.ca.

Till next time!
- Mary

Hope to see you all there.

Thornview Seniors

You're invited to join the Thornview Seniors at the Thorncliffe Greenview Community Centre.

We offer several activities such as: Cards, bowling, pool, Tai Chi, crafts, mah-jong and floor shuffleboard. Schedule and newsletter available in Thornview Seniors area Monday and Friday afternoon.

For more detailed information, contact Sandy Staple at
403-274-3257.

We look forward to hearing from you!

in the back!

Best food & drink prices around!

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Councillor, Ward 4
Sean Chu
 ☎ 403-268-3727
 ✉ ward04@calgary.ca
 🌐 www.calgary.ca/ward4
 🌐 www.seanchu.ca



MLA, Calgary-Klein
Jeremy Nixon
 #201, 1055 20 Avenue NW
 ☎ 403-216-5430
 ✉ calgary.klein@assembly.ab.ca
 🌐 facebook.com/JeremyNixonMLA
 📧 JeremyPNixon

Hello Residents,

The Fall Checklist to prepare your home and yard for winter: visit Calgary.ca/waterguide.

Back to School Basics

As you plan for the new school year, be sure to plan for how you would reunite with your family if an emergency or disaster happened while everyone was at work or school.

“After a disaster, the faster children can reunite with the people they know and love, the better the outcomes will be,” says Chief Tom Sampson of the Calgary Emergency Management Agency. “Take the time to create an emergency action plan that includes phone numbers, emergency contacts and meeting places.”

It is important that children know the types of hazards in Calgary and understand what to do in an emergency. Create an emergency action plan as a family. Kids can help identify exit routes in the home, plan for pets and suggest meeting spots outside of the home. Once the plan is set, practice it! Planning and practicing help bolster children’s confidence and reduces anxiety about disasters.

Emergencies can happen at any time, so make a plan for what to do if you are separated from your kids when an emergency occurs. In an ideal world, everyone would have phone numbers memorized, but since that is not always possible, create small contact cards for each member of the family, listing phone numbers and contact information.

Talk to childcare providers and your children’s school to learn about their emergency plan and share your emergency plan with them.

Visit calgary.ca/getready to download a fillable emergency plan and learn more about how you can prepare for the disasters or emergencies that are possible in Calgary.

It’s Time for Back to School with Calgary AfterSchool. Learn more at Calgary.ca/afterschool.

As the summer draws to a close, I look back on a couple of months spent connecting with constituents, businesses and non-profit organizations in our riding.

Our government continues to focus on getting Albertans back to work. We have taken major strides on our promise to cut red tape. A total of 19 measures to reduce red tape have been approved. Just this Summer the red-tape reduction website was launched (www.alberta.ca/cut-red-tape.aspx). It has already been visited more than 10,000 times and led to nearly 1,800 ideas from Albertans. Cutting red tape will restore investor confidence and eliminate the burdens on small business and organizations, making it easier for job creators to get Albertans back to work. I encourage you to visit the website if you have thoughts and ideas.

Our government is committed to improving government outcomes in the areas of addictions, mental health and housing. I have an extensive background in this field, having held leadership positions with the Boys & Girls Clubs of Calgary, the Mustard Seed and the Canadian Mental Health Association. I hope to leverage my background to help contribute to the goals of the government’s compassion platform. Over the Summer, I toured many non-profit organizations in Calgary-Klein that do great work in this area, such as Fresh Start, New Canadian Friendship Centre, The Alex and Scope. I will take their input back to Edmonton where it will help shape the government’s strategies in combating social issues.

The fall session will begin in October with a budget and we look forward to continuing to hear from you on the issues that are important. Our office is located at 1055, 20 Avenue NW, Unit 201. You can reach us at [Calgary.klein@assembly.ab.ca](mailto:calgary.klein@assembly.ab.ca) or via phone at 403-216-5430.

We would also like to invite you to an open house we will be co-hosting with Len Webber, Member of Parliament for Calgary-Confederation and Jason Copping, MLA for Calgary-Varsity. Please stop by on Saturday, September 14 from 1-3pm with your family for some food, fun and a chance to see our new office.

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RAINBOW CHILD CARE: Childcare available from 7:30 AM - 5:00 PM in the Thorncliffe and Huntington Hills area. For children 12 months to 12 years of age. Subsidy is available. Call 587-703-4978.

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October 28	November 7



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The TGCA Hatha Yoga class runs in two 8 week sessions this fall:

Mondays at 8:30 - 9:30 am, from September 9 to November 4, with no class on Thanksgiving Day, October 14.

Fridays at 10 - 11 am, from September 13 to November 1 each Friday.

Each 8-week session is \$80 for members, \$110 for non-members, and for the Monday and Thursday sessions we are offering \$160 for members and non-members.

Register online:

<https://tgca.wildapricot.org/event-3410832>



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New Patient Exam	\$101.48	\$89.97
New Patient Pediatric Exam <small>(under 6)</small>	\$71.17	\$71.17
New Patient Child Exam	\$97.00	\$97.00
4 X-ray Bite Wings	\$78.37	\$78.37
3 Units Scaling	\$201.48	\$201.48
Polishing	\$59.84	\$59.84
Fluoride Treatment	\$28.99	\$28.99
Panorex X-Ray	\$88.32	\$85.00

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Tuesday	7 am - 7 pm
Wednesday	7 am - 4 pm
Thursday	7 am - 7 pm
Friday	8 am - 3 pm
Saturday*	8 am - 3 pm

*(Alternating)
*(Opening soon on Saturdays)

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